

Peer Specialist Basic Training Overview—Alternate Schedule				
Day 1	Day 2	Day 3	Day 4	
Session 1 Welcome, Introductions and Training Overview 8:00-9:00	Session 7 Motivational Interviewing for Peers 8:00-9:00	Session 13 Using Dissatisfaction to FIND Recovery Goals 8:00-9:00	Session 19 Spirituality 8:00-9:00	
Session 2 Five Stages in the Recovery Process 9:15-10:15	Session 8 Effective Stage Intervention Tools 9:15-10:15	Session 14 Problem Solving with Individuals 9:15-10:15	Session 20 Working with Peers in the Legal System 9:15-10:15	
Session 3 Five Stages in the Recovery Process: Dangers 10:30-11:30	Session 9 Recovery and Relationships, Pt. 1 10:30-11:30	Session 15 Combating Negative Self Talk 10:30-11:30	Session 21 Clarifying and Establishing Boundaries 10:30-11:30	
Lunch Break	Lunch Break	Lunch Break	Lunch Break	
Session 4 Stages of Change Model in Recovery 12:00-1:00	Session 10 Recovery and Relationships, Pt. 2 12:00-1:00	Session 16 Narcan 12:00-1:00	Session 22 Peer Specialist Code of Ethics 12:00-1:00	
Session 5 Using Your Recovery Story as a Tool 1:15-2:15	Session 11 Trauma-Informed Care Pt. 1 1:15-2:15	Session 17 Suicide Prevention and Panning for Crisis Situations 1:15-2:15	Session 23 Peer Specialist Ethics Role Play 1:15-2:15	
Session 6 Effective Listening and the Art of Asking Questions 2:30-3:45 (Include video review of Recovery Language)	Session 12 Trauma Informed Care Pt. 2 2:30-3:45 (Include video review of Creating Peer Relationships that Promote Recovery)	Session 18 Wellness and Self Care 2:30-3:45 (Include video review of Facing One's Fears)	Session 24 Final Reflections and Next Steps 2:30-3:45 (Include video review of Understanding MH, SUD and Co- Occurring)	
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Tool Practice Session 4:00-5:00 (Include video review of Culturally Informed Support)	Tool Practice Session 4:00-5:00 (Include video review of Diversity, Equity and Inclusion)	Tool Practice Session 4:00-5:00 (Include video review or Harm Reduction)	Tool Practice Session 4:00-5:00 (Include video review of Medication Awareness Recovery)	
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